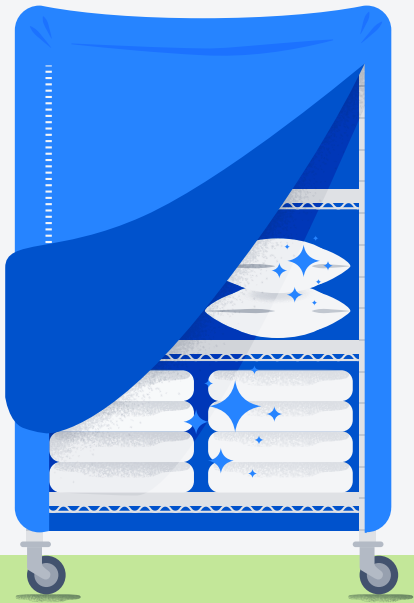


CLEAN FAST AND WELL

6 tips to help keep soft surfaces clean and reduce HAIs



1



Handle laundry safely

When it's dirty...

- Wear reusable rubber gloves
- Roll up soiled linens
- Place soiled linens into a clearly labeled, leak-proof container¹

When it's being washed...

- Use hot water and an approved laundry detergent²
- Use antimicrobial technology to kill certain organisms³

When it's being transported...

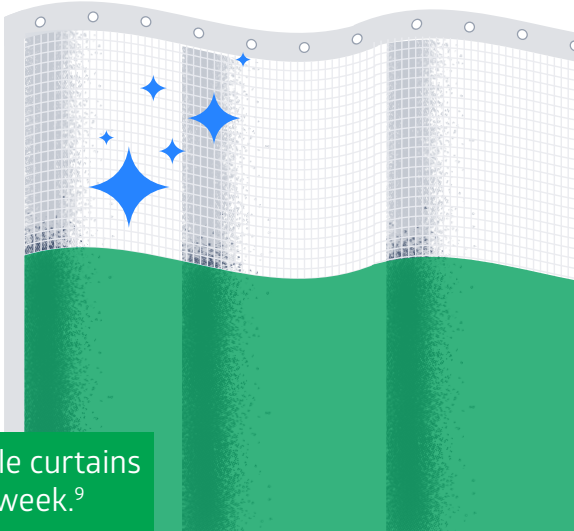
- Sort, package, deliver and store clean linens using methods that prevent risk of contamination by dust, debris or soiled items
- Use designated carts to deliver clean linens to patient or resident rooms⁵

Dirty truth: Clean linens are touched about 6 times between washing and patient use.⁴

2

Know when to clean cubicle curtains

- For isolation cases, change out the curtains and bag the soiled ones
- For visibly stained curtains, change them out and bag the soiled ones
- For ongoing cleaning, discuss caseload with launderer and follow recommendations⁶



Dirty truth: A 2012 study found that 92 percent of cubicle curtains were contaminated with infectious bacteria within one week.⁹

3



Protect pillows from germs

- Launder reusable pillows in hot water between patients/residents
- Launder visibly stained reusable pillows in hot water⁷

4

Maintain mattresses regularly

- Clean and disinfect barrier protective mattress covers according to manufacturer guidelines
- Immediately replace any mattress cover with visible signs of stains, damage or wear⁸



5



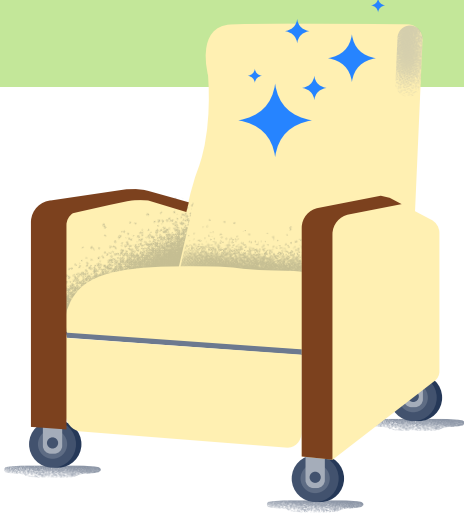
Vacuum often to fight the spread of germs

- Vacuum carpeting in public areas several times a week, using a commercial-grade vacuum with a HEPA filter
- Have carpeting professionally deep-cleaned and sanitized quarterly
- Dry wet carpeting thoroughly to prevent fungi growth¹⁰

6

Clean and maintain upholstered furniture

- In a separate room, use EPA-registered products to clean the upholstery
- Immediately repair any tears or holes in upholstery¹¹



When it's got to be healthcare clean™

Get more helpful tips. Read the article “Cleaning soft surfaces in healthcare is only part of reducing HAIs”



Infection Prevention

References:
1. <https://www.cdc.gov/hai/prevent/resource-limited/laundry.html> 2. Ibid 3. <https://newsroom.medline.com/infection-prevention/what-lab-coats-and-scrubs-have-to-do-with-infection-prevention#> 4. <https://pubmed.ncbi.nlm.nih.gov/23240264/>
5. <https://www.cdc.gov/hai/prevent/resource-limited/laundry.html> 6. <https://www.imagefirst.com/news-resources/tips-advice/how-often-should-hospital-curtains-be-cleaned/>
7. <https://www.cdc.gov/infectioncontrol/guidelines/environmental/background/laundry.html> 8. <https://www.fda.gov/medical-devices/hospital-beds/covers-hospital-bed-mattresses-learn-how-keep-them-safe>
9. <https://www.infectioncontroltoday.com/view/new-frontier-dangers-pathogens-soft-surfaces> 10. <https://www.hfmmagazine.com/articles/3163-cleaning-and-maintaining-carpeting-in-medical-facilities#>
11. <https://www.cdc.gov/infectioncontrol/guidelines/environmental/index.html>