

Practice good hand hygiene habits



BEST PRACTICE GUIDANCE

**Improper hand hygiene can lead to
contamination risks throughout the procedure**

Always remember to perform hand hygiene:

- Before touching the patient
- After touching the patient
- After touching each piece of equipment or surrounding objects
- Before an aseptic procedure
- After exiting the room

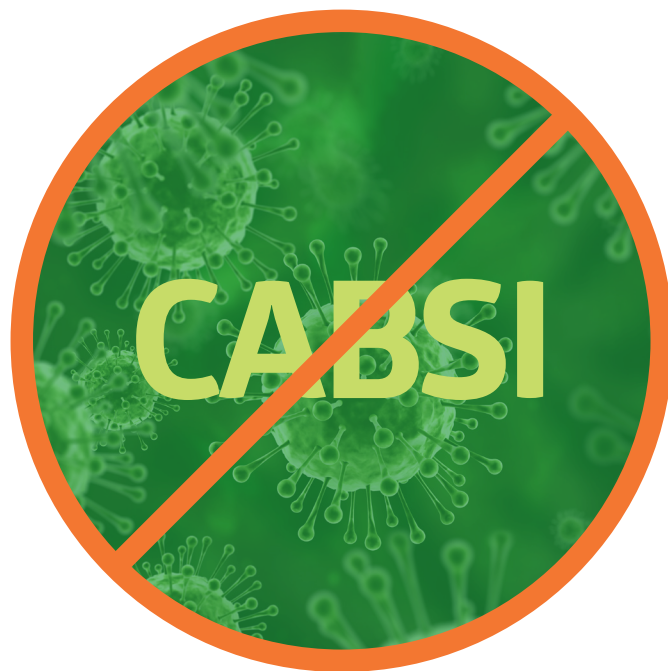
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**Infection
Prevention**



Reduce practice variation



BEST PRACTICE GUIDANCE

Always remember to:

1. Perform hand hygiene
2. Maintain aseptic technique
3. Scrub for 30 seconds back and forth
4. Allow to dry for a minimum of 30 seconds and until completely dry
5. Align CHG foam disk around the CVAD line (if applicable)
6. Apply adhesive dressing to ensure perimeter is secured

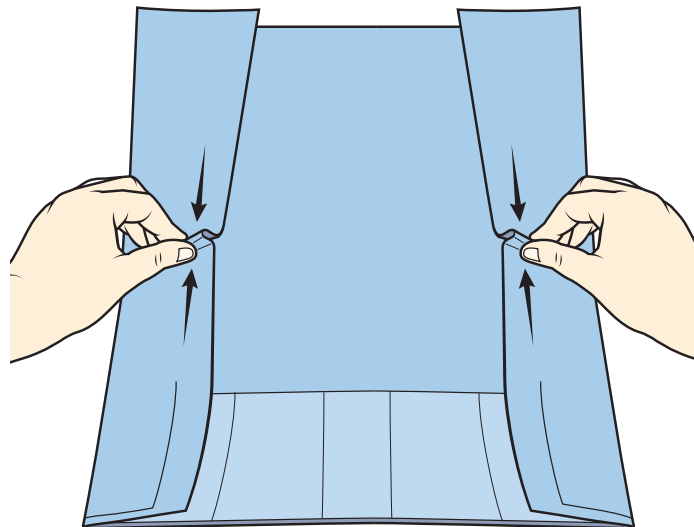
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Infection Prevention

Apply proper aseptic technique



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Maintaining a clean work environment reduces the threat of contamination

Always remember to:

- Close the door to the room
- Thoroughly clean the bedside table surface
- Perform proper hand hygiene
- Follow your protocol in regards to protective apparel and don sterile gloves
- Open and apply drapes in the correct order
- Keep an extra pair of sterile gloves handy

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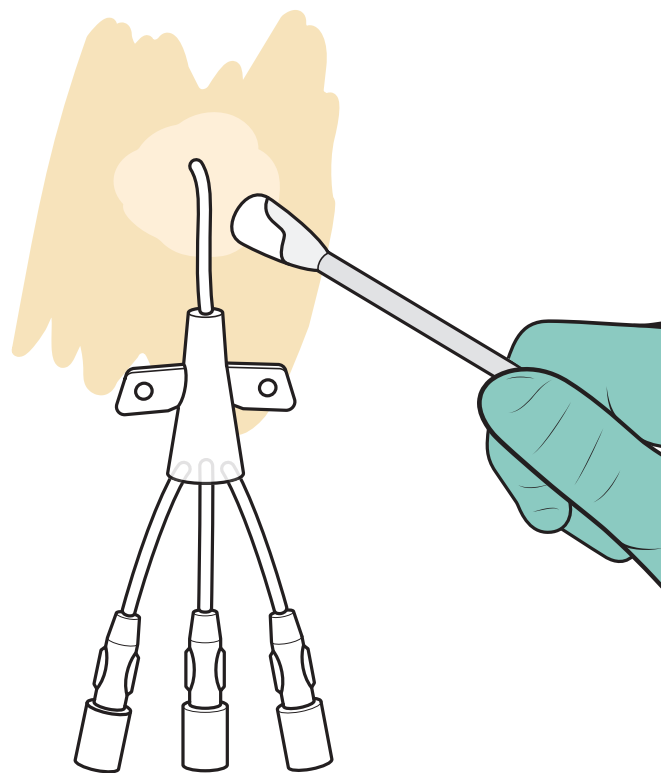


**Infection
Prevention**

VAM

Vascular Access
Management
Solution

Protect the patient's skin



BEST PRACTICE GUIDANCE

Skin antisepsis helps reduce the ability of infectious pathogens to enter the body¹

Always remember to:

- Use alcohol to cleanse debris from skin before using CHG²
- Cleanse skin beyond the borders of the dressing
- Follow manufacturers' guidelines for product usage
- Scrub times are longer for the femoral site
- Use gentle, repeated back and forth strokes

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References: 1. Bode Science Center. Available at <https://www.bode-science-center.com/center/skin-antisepsis.html>. Accessed June 12, 2019. 2. Agency for Healthcare Research (2014). Tools for Reducing Central Line-Associated Blood Stream Infections. Retrieved from: <https://www.ahrq.gov/professionals/education/curriculum-tools/clabsitools/clabsitoolsap2.html>

Ensure fully intact dressing

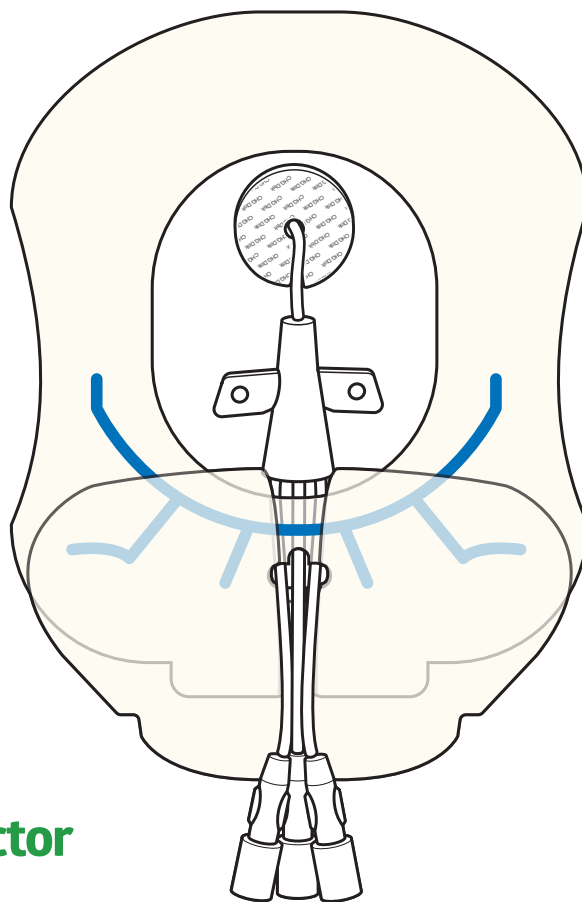
BEST PRACTICE GUIDANCE

Dressing disruption is a major risk factor for catheter-related infections¹

Always remember to:

- Remove excess hair with surgical clippers before cleansing skin
- Correctly place dressing on dry skin
- Replace dressing when it becomes damp, loosened or visibly soiled
- Replace intact dressing after seven days

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Prevention**

References: 1. Jean-François Timsit, MD, PhD; Lila Bouadma, MD, PhD; et al. Dressing disruption is a major risk factor for catheter-related infections. *Critical Care Medicine*: June 2012 - Volume 40, Issue 6, pp 1707–1714. Available at <https://www.ncbi.nlm.nih.gov/pubmed/22488003>. Accessed June 12, 2019.

Stay alert to hygiene lapses



BEST PRACTICE GUIDANCE

Maintaining vigilance about hygiene is everyone's responsibility

Don't hesitate to:

- Call attention if you notice a problem
- Express concern directly and politely
- State the problem briefly and discreetly
- Offer to contribute to the solution

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