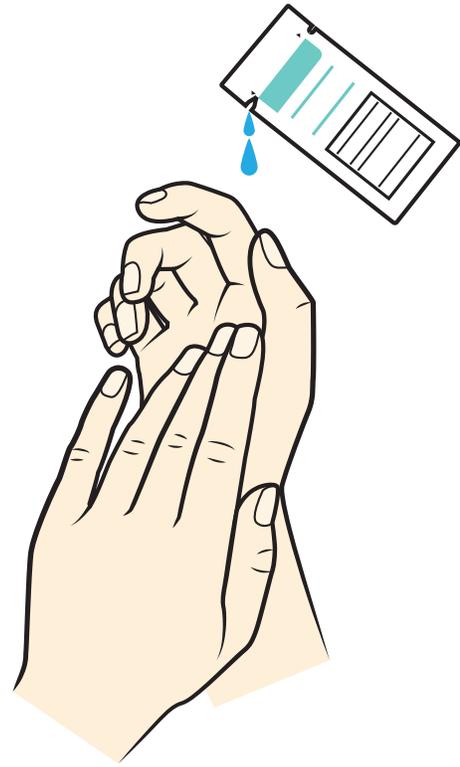


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Practice good hand hygiene habits



BEST PRACTICE GUIDANCE

Improper hand hygiene can lead to contamination risks throughout the procedure

Always remember to perform hand hygiene:

- Before touching the patient
- After touching the patient
- After touching each piece of equipment or surrounding objects
- Before an aseptic procedure
- After exiting the room

Promote standardized practice.
Learn more at [medlineuniversity.com](https://www.medlineuniversity.com).



**Infection
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Reduce practice variation



BEST PRACTICE GUIDANCE

Always remember to:

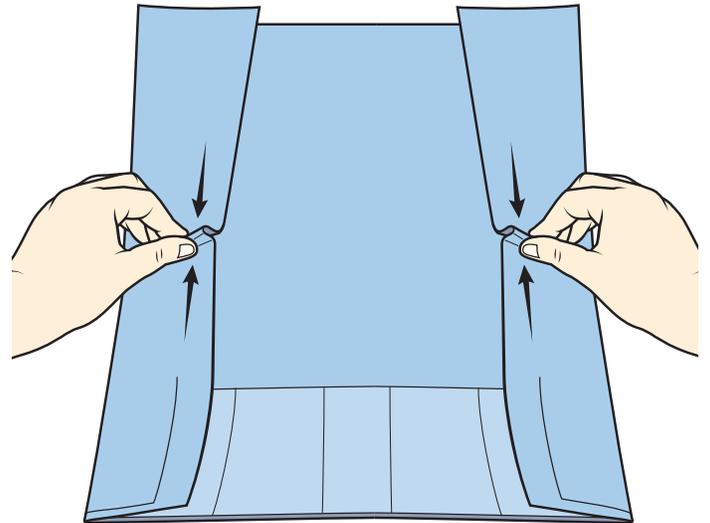
1. Perform hand hygiene
2. Maintain aseptic technique
3. Scrub for 30 seconds back and forth
4. Allow to dry for a minimum of 30 seconds and until completely dry
5. Align CHG foam disk around the CVAD line (if applicable)
6. Apply adhesive dressing to ensure perimeter is secured

Promote standardized practice.
Learn more at [medlineuniversity.com](https://www.medlineuniversity.com).



**Infection
Prevention**

Apply proper aseptic technique



BEST PRACTICE GUIDANCE

Maintaining a clean work environment reduces the threat of contamination

Always remember to:

- Close the door to the room
- Thoroughly clean the bedside table surface
- Perform proper hand hygiene
- Follow your protocol in regards to protective apparel and don sterile gloves
- Open and apply drapes in the correct order
- Keep an extra pair of sterile gloves handy

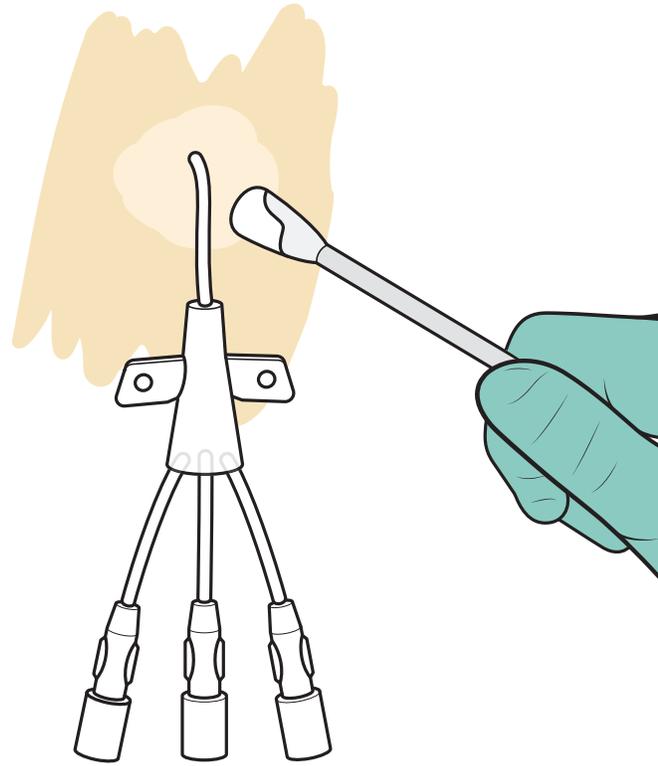
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Protect the patient's skin



BEST PRACTICE GUIDANCE

Skin antisepsis helps reduce the ability of infectious pathogens to enter the body¹

Always remember to:

- Use alcohol to cleanse debris from skin before using CHG²
- Cleanse skin beyond the borders of the dressing
- Follow manufacturers' guidelines for product usage
- Scrub times are longer for the femoral site
- Use gentle, repeated back and forth strokes

Promote standardized practice.
Learn more at [medlineuniversity.com](https://www.medlineuniversity.com).

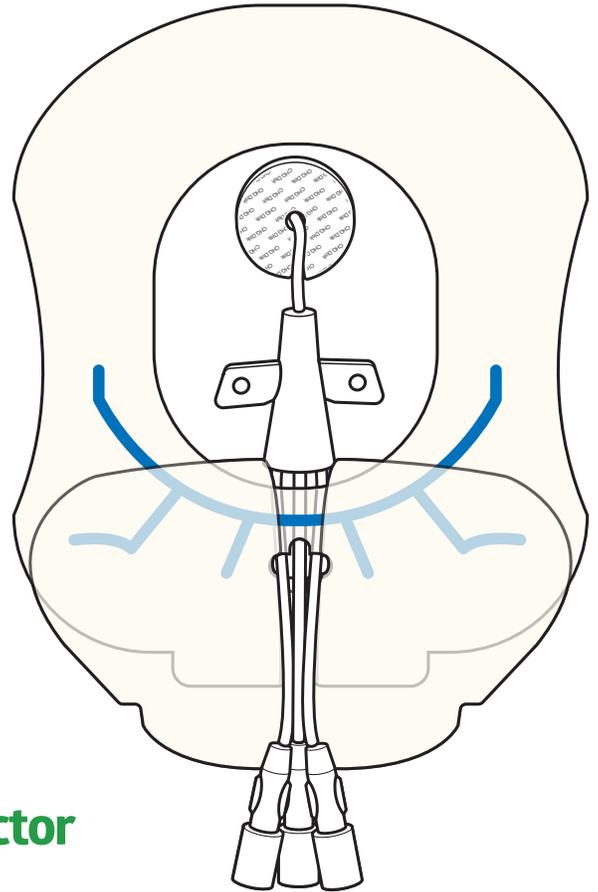


**Infection
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References: 1. Bode Science Center. Available at <https://www.bode-science-center.com/center/skin-antisepsis.html>. Accessed June 12, 2019. 2. Agency for Healthcare Research (2014). Tools for Reducing Central Line-Associated Blood Stream Infections. Retrieved from: <https://www.ahrq.gov/professionals/education/curriculum-tools/clabsitools/clabsitoolsap2.html>

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Ensure fully intact dressing



BEST PRACTICE GUIDANCE

Dressing disruption is a major risk factor for catheter-related infections¹

Always remember to:

- Remove excess hair with surgical clippers before cleansing skin
- Correctly place dressing on dry skin
- Replace dressing when it becomes damp, loosened or visibly soiled
- Replace intact dressing after seven days

Promote standardized practice.
Learn more at [medlineuniversity.com](https://www.medlineuniversity.com).



**Infection
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References: 1. Jean-François Timsit, MD, PhD; Lila Bouadma, MD, PhD; et al. Dressing disruption is a major risk factor for catheter-related infections. *Critical Care Medicine*: June 2012 - Volume 40, Issue 6, pp 1707-1714. Available at <https://www.ncbi.nlm.nih.gov/pubmed/22488003>. Accessed June 12, 2019.

VAM
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Stay alert to hygiene lapses



BEST PRACTICE GUIDANCE

Maintaining vigilance about hygiene is everyone's responsibility

Don't hesitate to:

- Call attention if you notice a problem
- Express concern directly and politely
- State the problem briefly and discreetly
- Offer to contribute to the solution

Promote standardized practice.
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