


















How to care for at-risk skin and protect against moisture-associated skin damage

Use this guide to help standardize practice to improve patient outcomes.

| Skin concern | What it looks like | What it is | Common risk factors | Cleanser | Protectant | Management |
|--|---|--|--|---|---|--|
| Skin-on-skin friction |  | Damage caused by skin rubbing on skin found most often in skinfolds or wherever there's moisture and warmth | <ul style="list-style-type: none"> Obesity Diabetes Excessive sweating Poor hygiene |  Remedy Intensive Skin Therapy PhosphoCleanse |  DriGo-HP |  DriGo |
| Incontinence associated dermatitis (IAD) |  | Inflammation and irritation of the skin around the groin, buttocks, inner thigh, perianal and perineal areas, due to contact with urine and/or stool | <ul style="list-style-type: none"> Immobility Cognitive impairment Advanced age |  Remedy Intensive Skin Therapy PhosphoCleanse |  Intact skin: Remedy Hydraguard Intact or broken skin: Marathon XL |  Intact skin: Remedy Intensive Skin Therapy Calazime Irritated skin: Remedy Z-Guard |
| Intertriginous dermatitis (ITD or intertrigo) |  | Skin breakdown caused by friction and moisture trapped between opposing skin surfaces and sometimes medical devices | <ul style="list-style-type: none"> Obesity Diabetes Excessive sweating Poor hygiene Immobility Anyone with skinfolds |  Remedy Intensive Skin Therapy PhosphoCleanse |  DriGo-HP |  On candidiasis rash: Remedy Antifungal Ointment |
| Periwound |  | Inflammation and denudation of the skin adjacent to the wound edge (within 4 cm) from excess moisture | <ul style="list-style-type: none"> Advanced age Skin disease such as eczema Environmental damage Underlying pathology Congenital disorder |  Remedy Intensive Skin Therapy PhosphoCleanse |  Marathon, Remedy Z-Guard and Remedy Intensive Skin Therapy Calazime |  Marathon, Sureprep wipe, Remedy Z-Guard and Remedy Intensive Skin Therapy Calazime |
| Peristomal wound |  | Inflammation and denudation of skin adjacent to a stoma associated with exposure to effluent, such as urine or stool | <ul style="list-style-type: none"> Improper stomal pouch size Leakage |  Remedy Intensive Skin Therapy PhosphoCleanse |  Marathon |  No yeast: Marathon or Sureprep wipe Yeast: Remedy Antifungal powder |

Learn more about managing moisture and our targeted products at <https://www.medline.com/pages/masd>

For moisture-associated skin conditions, we recommended that skin not be moisturized.

© 2021 Medline Industries, Inc. All rights reserved. Medline is a registered trademark of Medline Industries, Inc. MKT19W1324206 / e20858 /100

