

Nutrition Product Selector Guide



Nourish and protect skin health with the right nutrients for every resident.

	Product	Why?	Suggested serving	Other product suggestion	Why?	Suggested serving
Today's senior	Active® Liquid Protein*	Low volume everyday protein support for individuals with decreased appetite	1-4 servings per day	Gelatein**	Add protein variety and caloric snack	1-2 servings with a maximum of 4 servings per day
				Banatrol® Plus	Take prophylactically or at first onset of diarrhea or loose stools associated with the flu, antibiotics, oncology treatment or <i>C. diff</i>	Up to 6 packets per day
Post-surgical	Active® Critical Care Liquid Protein**	Enhanced Protein Support for recovery and wound management ²	3-4 servings per day depending on wound drainage	ArgiMent® AT**	Multi-nutritional approach to reduce barriers from surgical wounds and pressure injuries.	1 packet up to 3 times per day depending on severity of wound
Pre-surgical	Active® Liquid Protein*	Pre-surgical Protein Support ¹	1-4 servings per day	Gelatein**	Add protein variety and caloric snack	1-2 servings with a maximum of 4 servings per day
Wound management	Active® Critical Care Liquid Protein**	Enhanced Protein Support to offset protein losses from wound exudates ¹	3-4 servings per day depending on drainage	ArgiMent® AT**	Multi-nutritional approach to reduce barriers to surgical wounds and pressure injuries	1 packet up to 3 times per day depending on severity of wound
Individual with blood sugar challenges	Active® Liquid Protein Sugar-Free	Everyday Protein Support	1-4 servings per day	Gelatein® Sugar-Free	Add protein variety and caloric snack	1-2 servings with a maximum of 4 servings per day
Individual with a fluid restricted diet	Active® Liquid Protein*	Low volume everyday protein support for individuals with decreased appetite ¹	1-4 servings per day	Gelatein**	Add protein variety and caloric snack (4 oz.)	1-2 servings with a maximum of 4 servings per day
Individual who tube feeds	Active®TF	Enhanced Protein Support when formula alone does not meet individual protein requirements	As needed	Banatrol® Plus	Take prophylactically or at first onset of diarrhea or loose stools associated with the flu, antibiotics, oncology treatment or <i>C. diff</i>	Up to 6 packets per day

*Available in sugar and sugar-free varieties.

**Zinc upper limit for adults is 40mg per day.

<https://ods.od.nih.gov/factsheets/Zinc-HealthProfessional/>



Active® Liquid Protein

A 1-oz. serving of sugar or sugar-free Active Liquid protein is intended to meet the protein needs of all populations, supporting skin health along the way.

Does not contain glycerin.



Gelatin®

Residents and patients who are protein malnourished or have lost lean body mass are at an increased risk for complications, including pressure injuries. Gelatin packs 20g of protein into a single 4oz serving to ensure they are meeting their protein needs.



Active® Critical Care

Critical Care contains 21 grams of protein with Arginine, Zinc and Vitamin C per 1-oz. serving to help support the nutritional needs of those with wounds.



ArgiMent® AT

Wound healing starts in the gut. ArgiMent AT is a high-nitrogen formula containing protein, amino acids, vitamin C, minerals and a prebiotic, which have been shown to support wound healing.¹



Active® TF

Active TF is an amino acid-enhanced hydrolyzed liquid protein specifically designed for enteral nutrition support. It contains essential protein for skin health and recovery. No mixing required.



Banatrol® Plus

Comprised of dehydrated bananas and a clinically proven prebiotic, Banatrol, significantly reduces the severity and length of time residents and patients suffer from diarrhea, which can compromise skin integrity.

Learn more. Contact your Medline Representative, call 1-800-MEDLINE or visit medline.com.