Sports medicine and therapy product guide



Innovative products and solutions





Get your facility in top shape



Whether you're in need of replacement products, renovating or starting a new build, we can help outfit your athletic training facility to make the best impression and create the most effective treatment programs.

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Therapy supplies

Medline® latex exercise bands

- · Improve strength, dexterity and flexibility
- Color-coding makes it easy to choose the right level of resistance
- · Made with high-quality natural rubber latex
- · Latex-free bands available
- Available in 5-ft. segments, 6-yd. rolls, 25-yd. rolls and 50-yd. rolls



50-yd. rolls*

Item No.	Resistance	Color	Pkg.
MDSBND50YDXL	X-light	Peach	1/ea
MDSBND50YDL	Light	Orange	1/ea
MDSBND50YDM	Medium	Green	1/ea
MDSBND50YDH	Heavy	Blue	1/ea
MDSBND50YDXH	X-heavy	Plum	1/ea
MDSBND50YXXH	XX-heavy	Gray	1/ea

^{*}Also available in non-latex.

Medline® hand therapy putty

- · Rehabilitation for hands, forearms and fingers
- May also reduce stress
- Available in convenient, easy-to-open 4-oz. plastic containers for patient use in any setting
- Available in 2-oz., 4-oz., 1-lb. and 5-lbs.

4-oz. containers

Item No.	Resistance	Color	Pkg.
MDSPTY40ZXSH	X-soft	Peach	1/ea
MDSPTY40ZSH	Soft	Orange	1/ea
MDSPTY40ZMH	Medium	Lime green	1/ea
MDSPTY40ZFH	Firm	Blueberry	1/ea
MDSPTY40ZXFH	X-firm	Plum	1/ea
MDSPTY40ZXXFH	XX-firm	Gray	1/ea



Exercise band & putty comparison chart

Resistance	Medline	Thera-Band°, CanDo°& Thera-Putty
X-light	Peach	Tan
Light	Orange	Yellow
Medium	Lime green	Red
Heavy	Blueberry	Green
X-heavy	Plum	Blue
XX-heavy	Gray	Black





MDSP105523



MDSP301802

CanDo® web hand exercisers

- For flexion, extension, opposition and supination hand therapy exercises
- Resistance may be modified by adjusting the hand position, depth of finger insertion or by moving to a different resistance (color) web

Item No.	Description	Pkg.
MDSP100862	Level 3, 7", red	1/ea
MDSP100863	Level 4, 7", green	1/ea
MDSP100852	Level 3, 14", red	1/ea
MDSP100853	Level 4, 14', green	1/ea

CanDo° exercise tubing

- Ideal for fingers and extremities where small diameter exercise material is needed; can also be used to condition any part of the body
- Can be used independently or as part of a progressive resistance program (PRE) by simply cutting a strip or knotting it to form a loop

Item No.	Description	Pkg.
MDSP105512	Level 3, 25', red	1/ea
MDSP105513	Level 4, 25', green	1/ea
MDSP105514	Level 5, 25', blue	1/ea
MDSP105522	Level 3, 100', red	1/ea
MDSP105523	Level 4, 100', green	1/ea
MDSP105524	Level 5, 100', blue	1/ea

CanDo° inflatable exercise balls

- Help improve balance, coordination, flexibility and strength
- Ribbed non-slip surface
- 300-lb. weight capacity

Item No.	Description	Pkg.
MDSP301802	22", 55 cm, orange	1/ea
MDSP301803	26", 65 cm, green	1/ea
MDSP301804	30", 75 cm, red	1/ea

Contact your sales representative for other size/color options

CanDo° foam rollers

- Help with balance, muscle re-education, coordination and strengthening
- Other sizes/options available

Item No.	Description	Pkg.
MDSP302280	Round, 6" diameter x 36" L, black	1/ea
MDSP302282	Round, 6" diameter x 18" L, black	1/ea



Airex° standard balance pad

- Training with the balance pad can purposefully improve conditional and coordinative abilities in combination, for example: strength, endurance, differentiation and balance
- Smooth surface is ideal for starting out with barefoot balance training
- Yielding foam allows the body to be challenged in order to maintain balance and stabilize the joints

Item No.	Description	Pkg.
MDSP301910	16" L x 20" W x 2.5" H	1/ea



MDSP301910

CURAD® Performance Series® elite athletic tape

- Special tear-drop shaped adhesive design for breathable comfort
- Easy to tear, both across and lengthwise
- Provides long-lasting adhesion

Item No.	Description	Pkg.
CUR290005	.5" x 15 yds.	96/cs
CUR290010	1" x 15 yds.	48/cs
CUR290015	1.5" x 15 yds.	32/cs
CUR290020	2" x 15 yds.	24/cs



CUR290015

Pain management



Game Ready® system

- Pressure, temperature and time adjust with touch of a button or turn of a dial
- Patented, dual-action ATX® (Active Temperature Exchange) design combines simultaneous circulation of ice water and pneumatically compressed air
- Includes single, six foot connector hose (dual hoses sold separately)
- Wraps, sleeves and accessories sold separately

Item No.	Description	Pkg.
DYGR55050003	PRO 2.1 cold and compression system, adapter hose	1/ea
DYGR570302	Dual connector hose for cold and compression system	1/ea
DYGR570107	Carry bag for unit and 3–4 wraps	1/ea
DYGR59010003	Articulated knee wrap for use with PRO 2.1 unit	1/ea



Portable Therapeutic® Squid compression system

- Each Squid wrap is designed for a specific body part with a sequential compression bladder* to direct swelling away from the treated body part while driving cold deep into the tissue
- Ideal for athletes as a recovery tool
- Quiet and convenient portable system
- Additional body part-specific wraps available

Item No.	Description	Pkg.
MDSSQ16	Squid knee package	1/ea



Chattanooga® Continuum TENS device

- Portable 2-channel stimulator for clinic or at home use. Hand switch for trigger stim
- Provides electrical stimulation treatments in pain management (TENS) and neuro muscular stimulation (EMS/NMES)
- Strengthens muscles and helps to prevent injury
- Helps to shorten the traditional muscle recovery cycle

Item No.	Description	Pkg.
CHT2600DEV	Continuum TENS device	1/ea

Chattanooga® Vectra Neo® base unit

- Accelerate results with a system that combines electrical stimulation, ultrasound, and laser therapy into a single streamlined device
- Maximize treatment time with plug-and-play therapy modules that allow you to treat multiple patients at once with different therapies
- Comprehensive reference library provides extensive information on therapy, treatment and pathologies
- Contact your Medline representative for complete configurations and accessories

Item No.	Description	Pkg.
CHT6000	Vectra Neo base unit*	1/ea

^{*}Additional modules required for functional unit.



- Offers a wide range of treatment options in one user-friendly unit
- Features and capabilities include Interferential Stimulation Premodulated (2 Pole IFC), Interferential Stimulation Traditional (4 Pole IFC), Biphasic (TENS), Neuromuscular Stimulation (NMS), Russian Stimulation, High-Volt Pulsed Current and Microcurrent
- Color touchscreen, menu-driven interface intuitively groups and displays clinical protocols to guide clinicians step-by-step for therapeutic treatment
- Favorites feature allows user-defined protocols to be stored for future use
- Offers four channels of independent stimulation that can be used in combination (linked) or independently

Item No.	Description	Pkg.
MDSDQ7001	Intensity EX4 system with cart	1/ea

Richmar® Intensity CX4 electrotherapy and ultrasound system

- An advanced combination electrotherapy and ultrasound system that offers a wide range of treatment options in one user-friendly, ergonomic design
- Multiple waveform electrotherapies include Interferential, Premodulated, Biphasic (Symmetrical, Asymmetrical, RAAS), NMS, Russian, High Volt and Microcurrent
- Color touchscreen, menu-driven interface intuitively groups and displays clinical protocols to guide clinicians step-by-step for therapeutic treatment
- Features dual-frequency ultrasound at 1 MHz and 3 MHz
- Offers four channels of independent stimulation that can be used in combination (linked) or independently

Item No.	Description	Pkg.
MDSDQ8001	Intensity CX4 combo system with cart	1/ea











CHT3081KIT





CHT21090-US

Richmar® Winner EVO combo unit

- Provides therapeutic ultrasound four-channel electro stimulation, light therapy and cold laser therapy in one medical device (laser module needed for addition of light and cold laser therapies)
- Mutiple waveform electrotherapies include Interferential, Premodulated, Russian, High Volt and Microcurrent
- Continuous or pulsed ultrasound modes
- Both AutoSound therapeutic ultrasound applicator and light cluster probe allow for hands-free therapy treatments
- · A lead cord continuity tester is included

Item No.	Description	Pkg.
MDS410012	Winner EVO unit, 4-channel	1/ea

Chattanooga CUBE® high power laser

- · Non-opioid treatment for pain relief
- Clinically proven laser therapy modality widely used for managing pain and inflammation

Item No.	Description	Pkg.
CHT3081KIT	CUBE high power laser	1/ea

Chattanooga® Intelect Mobile 2 RPW

- Simple, ergonomically laid out controls enable all of the key parameters to be easily changed
- Compact and light enough to be easily carried while also delivering a host of features and benefits
- A clear, illuminated LED display removes ambiguity when monitoring pressure, frequency and number of pulses
- Includes revision unit, revision kit, 15 mm transmitter, transmission gel, hand piece applicator set, and a user manual

Item No.	Description	Pkg.
CHT2910US	Intelect Mobile 2 RPW device	1/ea

Chattanooga® Intelect Focus Shockwave

- Greater power and depth for better treatment
- In Extracorporeal Shock Wave Therapy (ESWT),
 a wave is produced by a small explosion generated
 underwater inside an applicator that's focused
 through a lens and transmitted into the tissue.
- Device electromagnetically generates an extracorporeal shock wave, which produces a high pressure peak in a very short amount of time (< 2s)

Item No.	Description	Pkg.
CHT21090-US	Intelect Focus Shockwave device	1/ea

Richmar® TheraTouch® DX2 shortwave diathermy

- Qualitative thermal dosimetry with six settings included; capability to save up to 99 user-defined favorites
- Large drum and versatile arm
- Faster heating and shorter treatment times
- Includes anatomical treatment guide for easy monode placement

Item No.	Description	Pkg.
MDSDIATHERMY	TheraTouch DX2 shortwave diathermy	1/ea



Richmar® TheraTouch® LX2 laser therapy

- "Cold laser" therapy device that offers tissue healing and reduction in inflammation and pain
- Selectable clinical protocols simplify set up of laser therapy treatments
- Adjustable treatment parameters provide customizations for laser therapy specialist

Item No.	Description	Pkg.
MDSDQLLLT	TheraTouch LX2, laser therapy	1/ea



Richmar® HIVAMAT 200 deep oscillation therapy

- For procedures using an electrostatic field to generate deep oscillations within body tissue to provide pain relief and relax muscles
- Includes 3 treatment protocol cards
- Battery operated for mobile use

Item No.	Description	Pkg.
MDSHIVAPORT	HIVAMAT 200 portable oscillation therapy	1/ea







MDSP2RDCZ

MicroBlock antimicrobial electrodes

- Antimicrobial electrode surface reduces the risk of contamination and helps prevent infection by targeting disease-causing microbes and common antibiotic-resistant threats, such as E. cloacae (CRE), S. aureus (MRSA), E. coli (ESBL), E. faecalis (VRE), P. aeruginosa and A. baumannii (multi-drug resistant)
- Comfortable, flexible and reusable thanks to a high-quality adhesive
- This product has antimicrobial properties built in to protect the product. This product does not protect the user against bacteria, viruses, germs, or other disease organisms.

Item No.	Description	Pkg.
MDSMICR02	2" round	40/cs
MDSMICRO2X35	2" x 3.5" rectangle	40/cs
MDSMICR02X2	2" x 2" square	40/cs

MultiStim electrodes

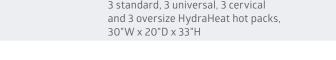
- Cloth electrodes engineered for e-stim treatments
- Strong leadwire pull strength
- Gel formulation produces maximum dry-out resistance
- Designed for optimal distribution of electric current

Item No.	Description	Pkg.
MDSP2RDCZ	2" round	40/cs
MDSP2X35CZ	2" x 3.5" rectangle	40/cs
MDSP2X2CZ	2" x 2" square	40/cs

Richmar® HydraTherm, deluxe moist heat therapy

- Instead of steel, the tanks are made of a composite polymer that never rusts
- Only needs to be cleaned every 6 months, compared to twice a month with traditional units
- Digital display and thermostat for safety and control over the treatment temperature
- · Ample storage with heating unit rack for stacking of hot packs
- Contact your Medline representative for additional options

Item No.	Description	Pkg.
MDSHYDRA12DD	HydraTherm mobile unit with 3 standard, 3 universal, 3 cervical and 3 oversize HydraHeat hot packs, 30"W x 20"D x 33"H	1/ea



Chattanooga® hydrocollator

- Quick, easy way to provide moist heat therapy
- Targeted to any point of the body
- HotPacs provide up to 30 minutes of moist heat per session
- · Perfect for smaller clinics
- Non-insulated unit fits on desktop or mobile stand

Item No.	Description	Pkg.
CHT2402	M-2 mobile unit with 12 standard hot	1/ea
	packs, 27"L x 16"W x 33"H	

Whitehall® sports whirlpool

- For treatment and prevention of sports injuries allowing coverage of the extremities, hips and back area
- Specifically designed to accommodate larger patients/athletes
- 90-gallon tank capacity

Item No.	Description	Pkg.
WHTS90M	90-gallon, mobile	1/ea



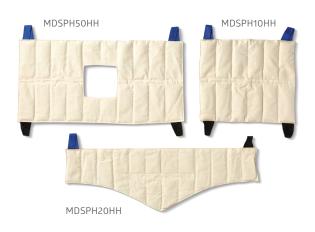
MDSHYDRA12DD



CHT2402



WHTS90M







Medline® moist heat packs

- Clinical packs provide up to 30 minutes of moist heat treatment
- Use with cover or heavy towel between the pack and the skin

Item No.	Description	Pkg.
MDSPH10HH	Standard, 12" L x 10" W	1/ea
MDSPH20HH	Cervical, 24" L x 7" W	1/ea
MDSPH30HH	Oversized, 24" L x 15" W	1/ea
MDSPH40HH	Half-sized, 5" L x 12" W	1/ea
MDSPH50HH	Shoulder/knee, 20" L x 10" W	1/ea

Medline® terry cloth heat pack covers

- Moist heat pack covers help protect users from hot and moist heat packs
- Feature hook-and-loop fasteners to keep them in place
- Machine washable for reuse

Item No.	Description	Pkg.
MDSP111366	Standard	1/ea
MDSP111367	Cervical	1/ea
MDSP111368	Oversized	1/ea
MDSP111369	Half-size	1/ea

ActivICE® topical pain relievers

- Fast-acting topical analgesic for temporary relief of pain associated with arthritis, muscle aches and back injuries
- Pharmaceutical-grade conditioners leave the skin feeling soft and moisturized
- Long-lasting cold therapy with 8% cooling menthol
- Compare to Biofreeze*

Item No.	Description	Pkg.
MDSAICEPKH	100, 5-gm packs	100/bx
MDSAICEROLLH	3-oz. roll on	1/ea
MDSAICEGELH	4-oz. gel tube	1/ea
MDSAICESPRYH	4-oz. spray	1/ea
MDSAICE16H	16-oz. gel pump	1/ea
MDSAICE32H	32-oz. gel pump	1/ea
MDSAICEGALH	1-gal. gel pump	1/ea

^{*}Details on file

Medline® deluxe instant cold packs

- Nonwoven lining helps prevent the pack from sweating and can be placed directly on the skin
- Does not require a compress holder or clumsy ties and needs no refilling
- Stays at a lower, consistent temperature longer than other cold packs
- Rounded corners
- · Single-use

Item No.	Description	Pkg.
MDS148000	9" L x 6.25" W	24/cs
MDS148010	7.5" L x 5" W	24/cs

Medline® self-adhering cold pack

- Cold pack with built-in self-adhering wrap applies an appropriate amount of compression directly to the injured area
- The fabric-like nonwoven lining helps prevent the pack from sweating and can be placed directly on the skin

Item No.	Description	Pkg.
MDS148020	9" L x 5" W	24/cs

Medline® Accu-Therm gel wrap packs

- A complete line of gel pack products with wraps for the ankle, knee, hip and shoulder
- For hot and cold therapy
- Each kit contains an alternate set of gel pack(s)

Item No.	Description	Pkg.
MDS162004PK	Shoulder/hip wrap	1 kit
MDS232004PK	Knee wrap	1 kit
MDS272202PK	Ankle wrap	1 kit
MDS138029	Replacement gel pack	1 kit

Medline® deluxe instant hot packs

- Fold to activate for instant hot therapy
- Does not require a compress holder
- Nonwoven lining can be placed directly on the skin
- · Single-use

Item No.	Description	Pkg.
MDS149000	8"L x 6"W	48/cs
MDS149010	7"L x 5"W	24/cs



MDS148010





MDS232004PK



MDS149010



MDSHGGOLD

HawkGrips° instrument set

- Includes medium handlebar and all 6 small HawkGrips instruments for IASTM manual therapy
- Comes with roll-up carrying case, one jar of regular emollient and user manual

Item No.	Description	Pkg.
MDSHGGOLD	HawkGrips instrument set	1/ea



MDSHGCUPS

HawkGrips® cupping set

- Easy-to-use cupping set comes with 6 premium transparent silicone cups (2 large, 2 medium, 1 small, 1 extra small), 4-oz. bottle of emollient and carrying case
- Cups are transparent, allowing the suction level and effects of the underlying tissue to be seen and the treatment to be monitored and modified accordingly
- Does not require the use of a pump
- · Additional sizes and options available

Item No.	Description	Pkg.
MDSHGCUPS	HawkGrips cupping set	1/pk



LHAPMX30X105

DBC ProMaxx® long acupuncture set

- The first of a new generation of DBC needles engineered to help practitioners treat athletes
- The only needle manufactured to have the firm feel of a thicker needle with a thinner gauge

Item No.	Description	Pkg.
LHAPMX30X105	0.30 mm x 105 mm needles	100/bx

Treatment furniture

Hausmann° premium mat table

- High-density, tear-resistant urethane foam
- 18" height is convenient for therapists

Item No.	Description	Wt. Capacity	Pkg.
HSM141246	6'L x 4'W x 18"H	1000 lbs.	1/ea



Armedica® mat platform tables

- Feature welded tubular steel frames and legs with fully finished and burnished welds to support high weight capacities
- 2" firm-density foam padding with heavy-duty vinyl top; seamless, radiused corners on upholstered components
- Platforms feature a vinyl protective coating engineered to protect the platform against germs, abrasions and stains
- Electric model features 120V; 60Hz motors

Item No.	Description	Wt. Capacity	Pkg.
ARMAM642	Manual, 7'L x 4'W x 20"-30"H	900 lbs.	1/ea
ARMAM640	Electric, 7'L x 4'W x 20"-30"H	900 lbs.	1/ea



Hausmann® treatment table

- Features 30" x 78" upholstered top with comfortable 2" thick high-density foam for patient comfort
- Laminate shelf and open storage cabinet provide easy-access storage
- High-pressure laminate legs, apron and H-Brace provide stability
- Legs feature protective black vinyl scuff caps

Item No.	Description	Wt. Capacity	Pkg.
HSMA9041	78"L x 30"W x 31"H	400 lbs.	1/ea



Contact your sales representative for other size/color options



Hausmann[®] treatment table combo

- Can be used as a desk or a treatment table to help save space and reduce costs
- Top pad is reversible (blue on one side, gray on the other) and comfortable with 2" of urethane foam
- Durable and easy-to-clean vinyl cover reinforced with nylon
- Folkstone Gray high-pressure laminate sub-top with black 3 mm edging

Item No.	Description	Wt. Capacity	Pkg.
HSM4082	72"L x 24"W x 32"H	350 lbs.	1/ea



HSMA9525

Hausmann® taping station

- Durable laminated wood construction with finished back for long-lasting structural integrity
- Self-closing laminate drawer with nylon rollers
- Removable 2" thick high-density foam upholstered tops
- Additional models available

Item No.	Description	Wt. Capacity	Pkg.
HSMA9525	72"L x 48"W x 42"H	450 lbs./seat	1/ea

Armedica® three-section treatment table

- Heavy-duty steel tube hi-lo controls are easy to access from anywhere around the table without disrupting treatment and allows adjustment of the table height while keeping both hands on the patient and both feet on the floor
- 34-oz., heavy-duty vinyl with 1.5" firm-density foam tops with radiused, seamless corners on upholstered components
- Top sections have welded-steel support frames and pivoting joints house hardened steel shoulder bolts to ensure years of trouble-free operation
- Four-caster base with 4" TotalLock™ ball bearing casters
- 110 volts. 60Hz motor

Item No.	Description	Wt. Capacity	Pkg.
ARMAMBA330	76"L x 27"W x 18"-37"H	400 lbs.	1/ea



Armedica® five-section treatment table

- Strong, stylish and affordable table with seamless corners on upholstered componets offers full height adjustment and section mobility so the patient can be placed in the proper position, making it easy for doctors and patients
- 34-oz., heavy-duty vinyl and firm density foam tops
- Top sections have welded steel support frames
- Pivoting joints house hardened steel shoulder bolts with locking nuts to ensure years of trouble-free operation
- Footswitch control

Item No.	Description	Wt. Capacity	Pkg.
ARMAM500	76"L x 27"W x 18"-37"H	400 lbs.	1/ea



Chattanooga® three-section treatment table

- Treatment tables with a smooth vertical lift mechanism accommodate patients of all sizes
- Adjustable head support
- Face hole on head section with removable cushion

Item No.	Description	Wt. Capacity	Pkg.
CHT3133102	79"L x 25"W x 21"-40"H	440 lbs.	1/ea

Chattanooga® Galaxy four-section traction table

- A multi-functional table for manual and traction therapy
- Roller-mounted surface helps prevent friction below hips and legs for full traction force
- Lock rolling sections in place to use it as an additional treatment couch
- Additional accessories required for traction

Item No.	Description	Wt. Capacity	Pkg.
CHTTTET400BL	86.6"L x 33.5"W x 31.5"H	500 lbs.	1/ea





Contact your sales representative for other size/color options

Exercise equipment









Matrix Lifestyle upright cycle

- Conveniently placed controls provide tactile feedback
- · Step-through design offers easy entry and exit
- Dual-position handlebars offer multiple grips and ergonomic seat makes long rides comfortable
- Three-piece crank with forged arms streamlines service to minimize downtime

Item No.	Description	Pkg.
MTXULSLED	Lifestyle upright cycle	1/ea

Matrix Lifestyle elliptical

- Patented suspension design is wheel and trackfree, reducing noise and minimizing friction
- 20" stride length, optimized pedal spacing and oversized pedals enhance comfort
- · Features include low step-on height, rear entry, heart rate tracing, water bottle holder, and accessory tray

Item No.	Description	Pkg.
MTXEPLSLED	Lifestyle elliptical	1/ea

Matrix T3xm treadmill

- Intuitive LED console displays essential feedback to therapists and trainers
- Extended handrails with neutral-position, angled grips ensure secure entry and exit
- Extra-wide deck offers additional sense of security and freedom

Item No.	Description	Pkg.
MTXT3XM	T3xm treadmill	1/ea

Matrix Performance Plus treadmill

- Shock-absorbing slat-belt and high-efficiency drive make the most intense runs feel comfortable
- Belt/drive combination lasts for up to 100,000 miles with minimum maintenance
- Easily removable side rails and built-in casters streamline maintenance and service
- Lift motor provides 20% incline and an expanded running surface lets members run with unmatched intensity

Item No.	Description	Pkg.
MTXTPPLED	Performance plus slat-belt treadmill	1/ea

SCIFIT PRO2° total body ergometer

- Upper, lower or total body exercise for versatile rehab
- Dependent motion allows stronger extremities to assist weaker ones
- Adjustable upper and lower cranks with 3 length settings
- Removable seat for wheelchair accessibility

Item No.	Description	Pkg.
SCFPRO230	PRO2 Total body ergometer	1/ea

SCIFIT Core Stix functional trainer

- Functional trainer uses rods (Stix) to guide exercisers toward their fitness goals
- Provides assistance to those who need help with their core stability and resistance to those looking to improve total-body strength
- Scalable and versatile, whether the patient is deconditioned or an athlete
- · Wheelchair accessible

Item No.	Description	Pkg.
SCFCORESTIX	CoreStix functional trainer	1/ea

Shuttle® MVP leg press

- 3-in-1 machine with a supine leg press, explosive plyometrics and a sports-training rehabilitation tool
- Padded kickplate and non-weight-bearing position protects joints and the spine on impact
- Designed so patients can participate in closed chain protocols as well as jumping protocols
- Especially valuable for working with high-level athletes where explosive power is developed

Item No.	Description	Pkg.
SHTL3100	MVP leg press	1/ea





SCFCORESTIX





Total Gym[®] RS Encompass PowerTower

- Allows for motorized incremental load changes during exercise at the push of a button while remote-control handles allow touch-control level adjustments when exercising
- Adjustable glideboard provides versatility for high-performance, sports-specific conditioning, athletic training and rehabilitation
- Able to load from 1% to 72% body weight
- Comes standard with the closed chain platform, BAPS adapter, retractable dip bars, squat handlebar and slide distance regulator

Item No.	Description	Pkg.
TTGPTCP17	PowerTower with clinical package	1/ea



MDSP103146

CanDo® medicine ball set

- Designed for plyometric (jump) training with a trampoline or for tossing back and forth with a partner
- Color-coded by weight for easy selection
- Surface is easy to grip
- 5-piece set includes one each 2-, 4-, 7-, 11- and 15-lb. balls

Item No.	Description	Pkg.
MDSP103146	5-pc. set	1 set

CanDo° dumbbell set

- Vinyl-coated, color-coded cast iron dumbbells are ideal for upper body exercises, physical therapy, weight training and toning workouts
- Vinyl coating gives weight a comfortable feel
- Coated weight does not scratch floor
- Each dumbbell is clearly marked in pounds and kilograms
- Set of 20 dumbbells includes 2 each: 1-10 lbs.

Item No.	Description	Pkg.
MDSP100565	20-pc. set	1 set
MDSP100579	20-pc. set with dumbbell rack	1 set



MDSP100579

Matrix XULT[®] dumbbell set

- · Made with virgin rubber to ensure the highest quality
- Thick rubber coating anchored to steel core for extra durability
- · Industrial hard chrome handles with medium diamond knurled pattern will not peel, chip or flake
- Dumbbell set includes 5-, 10-, 15-, 20-, 25-, 30-, 35-, 40-, 45-, and 50-lb. pairs

Item No.	Description	Pkg.
MTXXT5-50-RBH	20-pc. set	1 set

Hausmann° combo weight/dumbbell mobile rack

- · Dual-purpose weight storage, with an almond pegboard panel on front with 11 hooks for cuff weights and black laminate panel on back with hooks for 20 dumbbells
- · Oak laminate frame and base
- 3"-diameter swiveling easy-rolling casters
- Available with or without cuff weights and dumbbells

Item No.	Description	Pkg.
HSM5565	Combo weight/dumbbell rack	1/ea
HSM5565100	Combo weight/dumbbell rack w/accessories	1/ea

HawkGrips® blood flow restriction bands

- B STRONG professional package is ideal for PTs, OTs, strength coaches and others who work with a wide range of clients
- Contains 8 bands accommodating various limb sizes
- Includes 2 hand pumps, tape measure, B STRONG guidance app license and a carry bag

Item No.	Description	Pkg.
MDSHG11300	8-band professional package, sizes 1–4	1 set

Smart Cuffs^o blood flow restriction clinical set

- Smart Cuffs facilitate blood flow restriction training (BFRT), which safely restricts venous blood flow from a working muscle but allows arterial blood flow to that working muscle
- Complete set of Smart Cuffs and accessories

Item No.	Description	Pkg.
MDSP107950	Smart Cuffs clinical set	1 set





HSM5565





MDSP107950

Orthopedic soft goods





Medline® wrist lacers

- Adjustable thumb strap for a custom fit
- Easy to don
- Removable, malleable palmar stay supports the wrist
- 8" long

Left arm item No.	Right arm Item No.	Abducted thumb	Size	Wrist circ.	Pkg.
ORT18510L	ORT18510R	No	Universal	≤ 13" (33 cm)	1/ea
ORT18510LXL	ORT18510RXL	No	Universal/XL	≥ 13" (33 cm)	1/ea
ORT18520L	ORT18520R	Yes	Universal	≤ 13" (33 cm)	1/ea
ORT18520LXL	ORT18520RXL	Yes	Universal/XL	≥ 13" (33 cm)	1/ea



Medline® wrap-around hinged knee braces

- Provides maximum support for arthritic knees, tendonitis and mild sprains
- Designed with moisture-wicking materials for increased breathability
- Wrap-around design allows for a tapered, accurate fit
- Covered removable metal hinges provide rigid medial and lateral support

Item No.	Description	Knee Circumference	Pkg.
ORT23320S	Small	12"-14" (30.5-35.6 cm)	1/ea
ORT23320M	Medium	14"-16" (35.6-40.6 cm)	1/ea
ORT23320L	Large	16"-18" (40.6-45.7 cm)	1/ea
ORT23320XL	X-Large	18"-20" (45.7-50.8 cm)	1/ea
ORT233202XL	XX-Large	20"-22" (50.8-55.9 cm)	1/ea



ORT28350S

Medline® lacer ankle braces

- Low-profile design is comfortable and fits easily into athletic shoes
- Ideal for sprains, ankle instabilities and protection from injury
- Adjustable lacer style is easy to apply

Item No.	Description	Ankle Circumference	Pkg.
ORT28350S	Small	10"-11" (25.4-27.9 cm)	1/ea
ORT28350M	Medium	11"-12" (27.9-30.5 cm)	1/ea
ORT28350L	Large	12"-13" (30.5-33 cm)	1/ea
ORT28350XL	X-Large	13"-14" (33-35.6 cm)	1/ea

ORT28630L

Medline® tall and short ankle air shell walkers

- Streamlined, semi-rigid shell is lightweight yet provides maximum support for the ankle
- Medial/lateral air bladders offer customized compression to increase comfort and reduce edema
- Rocker sole helps promote a natural gait to allow continuation of daily activities
- Shock-absorbing insole reduces impact of the heel strike while walking
- Patented toe guard for added protection



Medline® air and foam stirrup ankle splints

- Combination air and foam bladders can be inflated and deflated for desired level of compression
- Foot strap adjusts to accommodate many widths
- Hook-and-loop straps for secure application
- Fits right or left ankle

Item No.	Description	Height	Pkg.
ORT27200	Ankle stirrup, universal	10" (25.4 cm)	1/ea
ORT27200T	Ankle stirrup, trainer	9.5" (24.1 cm)	1/ea
ORT27200S	Ankle stirrup, small	8.75" (22.2 cm)	1/ea



ORT28640L

Our complete solution will help you every step of the way, including:

Product selection

From athletic training supplies to cutting edge modalities, exercise and strength equipment, tables and more, our comprehensive product offering has everything you need to outfit your facility completely and effectively.

Design services

Work with our experienced design specialists to efficiently utilize your space. Starting with detailed blueprints, we'll make your vision for a state-of-the-art facility come to life.

Warehousing and delivery

We offer a variety of delivery options to meet your needs:

- Dock to dock
- Delivery with lift gate—for facilities without a receiving dock
- Inside delivery—equipment is brought beyond your receiving doors
- Consolidated delivery—products will be shipped to an offsite warehouse where they'll be delivered to your facility on a requested day







Medline Industries. Inc.

Three Lakes Drive, Northfield, IL 60093 Medline United States | 1-800-MEDLINE (633-5463) medline.com | info@medline.com Medline Canada

1-800-268-2848 | medline.ca | canada@medline.com **Medline México**

01-800-831-0898 | medlinemexico.com | mexico@medline.com

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