

Best Practices for Firefighter Cancer Prevention



During and After the Call



Full protective equipment (PPE) should be worn throughout the entire incident.



Immediately begin decontamination of PPE using soap, water and a brush.



While still on scene, exposed areas of the body (neck, face, arms and hands) should be wiped off immediately with wipes.



Change your clothes and wash them as soon as possible. Or isolate in a bag until washing is available.



Shower as soon as possible.



PPE should be kept outside of areas such as the kitchen, sleeping areas, and the household.



Wipes or soap and water should also be used to decontaminate and clean apparatus seats, SCBA and interior crew area.



Get an annual physical. Early detection is the key to survival.

To learn more about Medline, visit [medline.com/EMS](https://www.medline.com/EMS).