Pressure Injury Staging is as Easy as Apple P.I.E.

Follow this Pressure Injury Explanation guide to see how the state of an apple compares to the stage of a pressure injury.



Stage 1

Intact skin with a localized area non-blanchable erythema, which may appear differently in darkly pigmented skin.



Stage 2

Partial-thickness loss of skin with exposed dermis. The wound bed is viable, pink or red, moist, and may also present as an intact or ruptured serum-filled blister.



Stage 3

Full-thickness loss of skin, in which adipose (fat) is visible in the ulcer and granulation tissue and epibole (rolled wound edges) are present.



Stage 4

Full-thickness skin and tissue loss with directly palpable fascia, muscle, tendon, ligament, cartilage, or bone in the ulcer.



Unstageable

Full-thickness skin and tissue loss in which the extent of tissue damage within the ulcer cannot be confirmed because it is obscured by slough or eschar.



Deep Tissue Pressure Injury (DTPI)

Intact or non-intact skin with localized area of persistent non-blanchable deep red, maroon, purple discoloration or epidermal separation revealing a dark wound bed or blood-filled blister.





